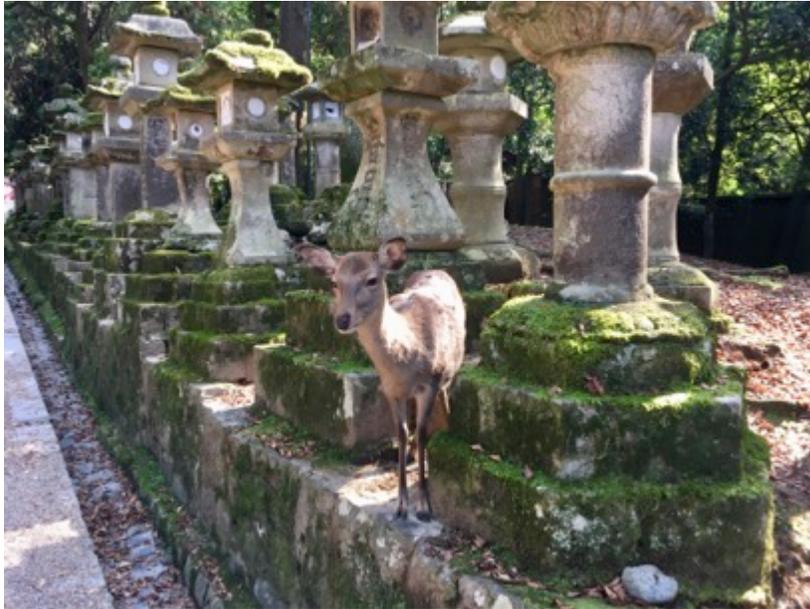


JAPAN - Then and Now

October 13-22, 2019



From the bright lights and pulsating streets of high-tech, ultra-modern Tokyo, to the beautiful landscapes and charms of the Japanese Alps, and finally to an in-depth tour of historic imperial Kyoto with its must-see temples, shrines and gardens, this 10-day very special journey through Japan *during peak foliage season* will provide you with a wonderful feel for the country's various highlights and reveal the intriguing nature of today's Japan — so modern and yet heavily steeped in its traditions.

We'll marvel at several UNESCO World Heritage sites in this program including the historic monuments of ancient Kyoto (which are many!) as well as those of ancient Nara.

VentureOut

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ITINERARY NOTE: This program is subject to change. While the broad stroke of the itinerary will not be altered, we reserve the right to revise some of the specific sights visited at each destination.



Day 1, October 13, 2019 - Sunday — Arrival

With your own air arrangements you'll arrive at one of the Tokyo airports (Narita or Haneda) and then make your way to our group hotel in the city center. There are numerous options for getting into the city – with a *very* wide range of costs for these services – so we have not included the cost of a private transfer in the tour price. Please see “Arrival & Departure Logistics” towards the end of this document for information regarding transfer options and costs.

We'll come together in the early evening and enjoy a welcome drink, get to know our fellow travelers, and have a trip briefing before heading out for our welcome dinner.

Welcome Drink, Dinner included

Note: If you would like us to arrange any pre-tour nights at the group hotel in Tokyo, please let us know.

Day 2 — Tokyo

Tokyo is Japan's absolutely buzzing capital city and the most densely populated area on the planet. It certainly is a phenomenon unto itself, and we'll experience a diversity of sights in the city — from the historical Asakusa district to important religious sights such as the most important Shinto shrine with Japan's two largest *torii* (the traditional entry gate of a shrine). More contemporary attractions will also be explored.



The permanent residence of Japan's emperor and imperial family, the **Imperial Palace** occupies pride of place in the symbolic center of the nation. The palace itself is usually closed to the public, but its beautiful and extensive garden, including the landmark double-barreled bridge, offers respite from the city bustle and is worthy of a visit.

Tokyo's grandest and most famous Shinto shrine, **Meiji-jingu**, is dedicated to the Emperor Meiji who reigned in the late 19th and early 20th centuries. Several towering wooden *torii* along a wooded gravel path lead to the shrine. (*Torii* are gateways to Shinto shrines.) The largest, created from 1700-year-old cypress, stands 40 feet high with 56-foot crosspieces. Before approaching the main shrine we purify ourselves by pouring water over our hands at the font. The 250 acres of forested grounds surrounding the shrine contain some 120,000 trees collected from all over Japan.

We soak in some of the architectural wonders and eyebrow-raising consumerism along **Omote-sando**, once the official road leading to Meiji-jingu shrine, and now adorned with luxury brand boutiques. Even if Louis Vuitton, Prada, and Dior don't particularly interest you this stretch is

like a walkthrough showroom for the who's who of contemporary Japanese architects, including Ando Tadao and Ito Toyo.



The traditional heart of Edo (Tokyo's historical name), **Asakusa** is home to the great **Senso-ji temple** as well as traditional crafts and food shops. Life in this area is almost slow-paced and uncomplicated compared to the rest of the city. We pass through **Kaminarimon** (Thunder Gate), the magnificent entrance to the shopping arcade that leads up to the temple. Founded over 1,000 years before Tokyo got its start, Senso-ji is the capital's oldest temple. It stands out for its old-world atmosphere. Indeed, several structures of the temple complex survived the bombings of 1945. The

district around the temple teems with bun and cracker shops, many of which make their goodies onsite, as well as souvenir stalls.

Dinner this evening is open, and there's no shortage of good restaurants in Tokyo to choose from!

Breakfast, Lunch included



Day 3 – Kamakura / Tokyo

Kamakura makes for a lovely day trip outside of Tokyo. It's a seaside city surrounded on three sides by mountains. Its glory days were as the country's first feudal capital in the 13th and 14th centuries and coincided with the spread of Zen Buddhism so many of the temples here belong to the Zen sect. Kamakura's most iconic sight is the 37-foot-high bronze statue of the compassionate **Amida Buddha**. Completed in the mid 13th century it's said to have been commissioned by Japan's first shogun. Once housed in a huge hall and covered in gold leaf the statue sits nowadays in the open.

In downtown Kamakura we'll have an opportunity to check out shops selling local crafts, especially carved and lacquered woodwork.

Hase-dera is one of the most popular temples in the region. The main attraction here is the largest carved-wood statue in Japan, the 11-faced, 30-foot-high **Kannon**. Kannon is the goddess of mercy and is one of Japan's most popular Buddhist deities. According to legend the statue washed up on the shore in the 8th century. While certainly one of the most beautiful pilgrimage spots in the city, it's also a sad one. Jizo is the savior of children, particularly the souls of the stillborn, aborted, and miscarried. Mothers of these children dress the statues of Jizo on the grounds in red bibs and leave them small offerings of food as touching acts of prayer.

After our return to Tokyo we have another free evening for dinner.

Breakfast, Lunch included



Day 4 – Matsumoto / Takayama

Today we leave Tokyo and will travel in our own comfortable coach up into the **Japan Alps**. Along the way we stop for lunch in Matsumoto and then have a tour of the famous **Matsumoto Castle**. It dates from 1504 when Japan was in the throes of civil wars and is a fine specimen of a feudal castle. Its keep is the oldest surviving tower in the country. Surrounded by a moat with ducks and swans, lined with willow and cherry trees, and having the backdrop of the Japan Alps, this is certainly a picturesque as well as historical site. Our

eventual destination is the mountain town of **Takayama**. This city's rustic charms are the result of hundreds of years of peaceful isolation in the Hida Mountains. Shops and restaurants mingle with museums, inns, sake breweries, and markets along rows of traditional wood-lattice buildings and tiny canals of running water, all immersed amidst the fresh mountain air and gorgeous scenery of 10,000-foot mountain peaks.

Upon arriving in Takayama we'll settle into our Japanese *ryokan* -- a traditional inn. See the "Accommodations" section for the description of a ryokan. You may wish to enjoy the hot baths at our ryokan before dinner, which is served "in house" and is a true feast – a hallmark of ryokans.

Breakfast, Lunch, Dinner included

Day 5 – Takayama

Our walking tour of Takayama will take us through some of the town center's characteristic streets. Note: A peculiar-looking ball of cedar leaves suspended outside a storefront indicates a drinking establishment or sake brewery! We'll visit the **Float Exhibition Hall** – a community center displaying some of the centuries-old floats used in the town's very famous spring and fall festivals. The floats are remarkable for their delicately etched wooden panels, carved wooden lion-head masks, elaborate tapestries, and puppets.



Also today we'll visit Hida no Sato – an open-air museum of traditional farm houses dating from the Edo era, many of which were transplanted from all over the region, and now illustrate how farmers and artisans used to live in the Hida Mountain range. Many of the structures are A-frame *gassho-zukuri* ("praying hand") houses that have sloping, gable roofs made of reed thatching three feet thick and set at a steep angle to prevent the snow from piling up. Some display folk artifacts like tableware and weaving tools; others are workshops with demonstrations of wood carving, tie-dyeing, and lacquering. Some of the artisans even live here.

We'll return to Takayama with some free time for independent exploration of the town, to be followed by another dinner feast in our ryokan. Don't forget to make use of the *onsen* (hot baths) at the ryokan!

Breakfast, Lunch, Dinner included

Day 6 — to Kyoto

Today we leave the Japan Alps and head south to amazing, ancient Kyoto. Lunch will be en route and we'll have a mid-afternoon arrival in Kyoto. After checking in to our stylish and deluxe hotel you'll have time to relax before we reconvene for our first of several meals in this captivating, historic city.

Breakfast, Lunch, Dinner included



Day 7 — Kyoto

The number of temples in Kyoto is staggering, so we'll just touch on a few during our time here. Included among them is the obligatory **Kinkakuji** (or “Golden Pavilion”), which is hugely visited but one of those “must-sees” nonetheless. Set amidst luxuriant greenery the gold-plated main hall is perhaps the most impressive sight in all of Kyoto, rising above a reflecting pond like a mirage.

With a commanding position overlooking Kyoto, the **Kiyomizu-dera** temple is the city's spiritual heart and soul, drawing pilgrims since the 8th century AD. The main hall here features a huge veranda that juts out over the hillside, providing a breathtaking view of the city, and is supported by 139 65-foot wooden piles. The sheer number of Buddhist images in the **Sanjusangen-do** temple makes it a visually arresting sight. The temple's name refers to the 33 bays between the pillars of this long, narrow building, which houses 1,001 wooden statues of Kannon (the goddess of mercy) each with a slightly different expression and carved by the best artists of the 13th century.



Ryoanji is well known for its rock garden and is one of the symbols of Kyoto and one of Japan's better-known sights. An austere collection of 15 carefully placed rocks, apparently adrift in a sea of finely raked sand, is enclosed by an earthen wall. It reveals the simplicity and harmony of the principles of Zen meditation. It also poses a *roan*, or riddle: Why can you see all but one of the rocks from any vantage point?

Dinner is on your own this evening, and Kyoto has no shortage of excellent restaurants.

Breakfast, Lunch included

Day 8 — Kyoto / Nara

The **Nijo-jo** is the shogun castle that stands out as a grand monument to the power of the warlords who effectively ruled Japan for centuries. It was here that the last shogun, after 15 generations, finally surrendered power to the newly restored Emperor in the middle of the 19th century. In the castle “nightingale floors” with squeaking boards called out intruders. The expansive gardens are

perfect for a stroll and were designed in the 17th century by Japan's most celebrated garden designer.



Just 45 minutes or so out of Kyoto is **Nara**, Japan's first permanent capital in the 8th century. Buddhism took root here and flourished. Nara is a cradle of Japanese tradition and possesses some of the finest artistic treasures and oldest buildings in the country, including eight UNESCO World Heritage sites. Nara's most important shrine is **Kasuga Taisha**, founded in the 8th century and completely rebuilt every 20 years, according to Shinto tradition, until the end of the 19th century. It lies at the foot of two sacred mountains on the edge of a picturesque and well-preserved forest. It's

famous for its 3,000 lanterns, which line the main avenue to the entrance and hang in the corridors.

By far Nara's grandest sight is the **Todai-ji** temple, where two guardians at the gate carved in the 13th century are some of the finest wooden statues in Japan if not the world. Todai-ji's main hall is the largest wooden building in the world, and the Great Buddha contained within is the largest bronze Buddha in the world, originally cast in 746. Created in the 19th century, the vast lawns of **Nara Park** are interspersed with ponds and wooded groves. Some 1,200 deer, venerated since ancient times as messengers of the Shinto gods, roam freely through the park and surrounding mountains and are considered national natural treasures.

We return to Kyoto, and dinner is open again this evening.

Breakfast, Lunch included



Day 9 — Kyoto

On our last day full day we'll explore Kyoto's **Nishiki covered market**, the "belly of Kyoto." There's something strangely enjoyable about roaming a food market where so many of the items on display are completely baffling. This spot oozes "old Japan" atmosphere and is where high-end restaurateurs and wealthy individuals do their food shopping. Also here are shops with good-quality cutlery and crockery. One place turns out exquisite kitchen knives where you can pick one out and watch a craftsman put a final edge on

it with a giant round sharpening stone.

In a country with so many visually arresting images we have yet another to cap off our tour. The **Fushimi-Inari-Taisha** shrine has hypnotic arcades of thousands of vermillion-lacquered *torii* lining paths that crisscross a thickly wooded mountain. It's a mesmerizing sight – a vast shrine complex that is a world unto its own.

Kyoto is home to some three dozen **sake producers**, and we'll visit one housed in a Meiji-era brewery that exhibits a collection of artifacts and memorabilia pertaining to sake production. We'll get to sample some and, of course, have a chance to purchase some of the local brew.

Lunch will be on your own today, and then you're free to spend a final afternoon as you wish – some final shopping endeavors or perhaps visiting one or two of the plethora of other sights in the city. We'll reconvene for our farewell dinner this evening.

Breakfast, Dinner included



**Day 10, October 22, 2019 - Tuesday — Departure
Sayonara!**

You will have captured many wonderful moments in Japan to bring back with you!

Breakfast included

You're free to depart from Kyoto at any time. The closest airports are the Kansai International Airport (KIX) and Itami Airport (ITM), both in Osaka. Because of the range of options for getting to these airports -- and the wide variation in costs -- we have not included a private transfer to the airport in the tour

cost. Please see "Arrival & Departure Logistics" for information regarding transfer options and costs.

ACCOMMODATIONS

The following are the accommodations that we plan to use for the tour at the time of publishing this itinerary. We reserve the right to make changes to the accommodations.



Tokyo – 3 nights

Conveniently located amidst the skyscrapers of the bustling Shinjuku district with its abundance of restaurants, shopping, and bars, our selected deluxe hotel offers tasteful rooms between the 22nd and 35th floors, all boasting great views of the Tokyo cityscape. The hotel's lounge bar is off the lobby on the 20th floor, and three restaurants are located on site (Japanese, Western, and Chinese). There's free wifi as well as TVs in the rooms with keyboards for internet

access. All of the hotel's rooms will have been recently renovated by the time our tour operates. The hotel is just a short walk from Shinjuku station, making it super convenient to reach, including from the Narita Airport Express train. Shinjuku is also where most of Tokyo's gay bars are located, so if you fancy experiencing some gay nightlife, this is the place for it!

NOTE: The Airport Limousine buses from both Narita and Haneda airports stop at this hotel.

Takayama – 2 nights

We have selected a delightful *ryokan* (traditional Japanese inn) combining country charm with modern amenities. It's situated by the Miya River that runs through the center of Takayama. Guest rooms have low lacquered tables, *tatami* floor mats, and *shoji* screens. *Keeping with Japanese tradition, guest rooms have futons on the tatami mats rather than beds*, but a Western-

style room option might be available at an extra cost and must be requested months in advance. The futons are laid out by the staff in the evening on the *tatami* mats. The bathrooms in the guest rooms are small and provide handheld showers with a stool in a small sitting tub. However, there are also *onsen* (hot spring baths) on the property, with separate men's and women's baths, where some of our travelers choose to bathe and then soak in the hot springs. The dining room where we have dinner in the ryokan serves multicourse feasts using the freshest of seasonal ingredients such as the mountain vegetables grown in Hida to fresh seafood straight from the Sea of Japan. Service is of the highest quality, and this is an upscale *ryokan*.



Kyoto – 4 nights

With a commanding position overlooking the city our selected luxury hotel is ideally located between the northern and southern Higashiyama sightseeing districts. One of the oldest Western-style hotels in Kyoto, it has long played host to visiting royalty, rock stars and glitterati. It's not hard to understand its appeal: not only can you walk out the door and be in some of the city's most important sightseeing districts in a matter of minutes, it's also located almost directly over a subway station, making getting downtown a breeze. The three distinct gardens of the hotel are beautiful and were designed by renowned landscape architects. There's even a bird sanctuary, and an added bonus is the walking/jogging path just nearby that passes some of Kyoto's prettiest sights – natural and man-made. Other nice touches are the indoor pool, gym, several restaurants, bar, concierge service, and wifi.

TOUR COST & IMPORTANT TRIP DETAILS

14-15 participants:	\$5,495 per person
12-13 participants:	\$5,595 per person
10-11 participants:	\$5,795 per person
Single Supplement:	\$2,195

About our tier pricing: There are certain fixed costs involved with operating a trip of this nature regardless of the number of participants who have signed up. With a smaller number of group members, the fixed costs (per person) are higher. In order to cover those fixed costs for a smaller-sized group, we prefer to charge a bit extra in order to ensure that the trip can run rather than have to cancel a trip due to a low number of sign-ups

Costs are based on double occupancy of a room. If you are traveling solo and wish to have your own room throughout the tour then the single supplement will apply. If you are traveling solo and wish to share a room, we will match you with a roommate if one is available. Should there be no one to pair you with, the single supplement fee will apply.



Currency Exchange Rates: Our costs to operate this tour are tied directly and entirely to the exchange rate between the Japanese Yen and the U.S. Dollar. Over the past several years the value of the dollar has fluctuated in quite a volatile manner against the Yen. *We reserve the right to alter the trip pricing indicated here should there be a significant fluctuation in the exchange rate from the time this tour is published.* Please read the Terms & Conditions that accompany the Trip Enrollment Form.

TOUR COST INCLUDES:

- 9 nights' high-end accommodations including 2 nights at an upscale, traditional *ryokan*
- Most meals (as indicated in the day-to-day program)
- Glass of sake, wine, beer, or soft drink with group meals
- Sightseeing as noted in the program with entrance fees to sights
- Land transportation using our own private comfortable coaches
- Excellent local tour guide traveling with us
- Venture Out escort throughout the tour (with a minimum of 10 participants)

TOUR COST DOES NOT INCLUDE:

- International airfare
- Airport transfers at the beginning and end of the tour (many options are available)
- A few meals (as indicated in the day-to-day program)
- Any extra hotel nights that may be needed or desired before or after the tour
- Expenses of a personal nature (laundry, phone calls, room service, etc.).
- Pre-trip expenses such as travel insurance, passports, etc.

➔ Special Terms & Conditions

Japan will be hosting the Rugby World Cup in the fall of 2019. This has the effect of hotels being very strict with their deposit and cancellation terms for bookings during that time period.

Initial Deposit: \$800 per person, at the time of trip enrollment
Second Deposit: 25% of tour cost, payable May 22, 2019
Final Payment: July 22, 2019

Cancellation before December 22, 2018:	\$100 fee
Cancellation between December 22, 2018 and May 22, 2019:	Forfeiture of initial deposit
Cancellation after May 22, 2019:	No refund

ARRIVAL & DEPARTURE LOGISTICS

Airport codes: Tokyo Narita = NRT; Tokyo Haneda = HND;
Osaka Kansai = KIX; Osaka Itami = ITM.

Because of the range of options for getting into Tokyo at the beginning of the tour as well as from Kyoto to the Osaka airports at the end of the tour — and the very wide variation in costs for these services — we have not included private airport transfers in the tour cost.

Here are some of the options and *approximate* costs:

From Tokyo Narita to central Tokyo

Trains – About \$30 per person. The Narita Express runs about every 30 minutes and stops at the Shinjuku train station, which is a short walk to the hotel. Before boarding the train a specific seat must be reserved when buying the ticket. Travel time is about 90 minutes.

Airport Limousine Bus -- about \$30 per person. There are six departures a day to the group hotel. You'll need to ensure that your flight arrival time coincides with one of the bus departures from Narita. The Airport Limousine Bus also operates another route that runs every 15-20 minutes and stops at the Shinjuku train station, which is a short walk to the hotel. Travel time about 90-120 minutes depending on traffic.

Taxi -- about \$225.

Private “meet & greet” service in airport and then private transfer – about \$355 for 1-2 persons.

From Kyoto to Osaka’s Kansai International Airport

Airport Bus – about \$30 per person, 90 minutes. Departs from Kyoto Station.

Train – about \$40 per person, 80 minutes. Departs from Kyoto Station.

Shared van service – about \$40 per person, 90 minutes. Pick-up from hotel.

Private transfer – about \$290 for 1-2 persons.

CLIMATE

Recent years’ historical temperatures in October show an average high of about 68-72 F and an average low of about 55-59 F.

October sees, on average, about 4 inches of rain for the month.

AND FINALLY . . .

While as accurate as possible at the time of publishing, this itinerary should be considered a close indication of the schedule and scope of activities, trip routing, and meals, rather than an inflexible schedule of events. It is subject to change. We also reserve the right to maintain flexibility in order to take advantage of unforeseen opportunities. This trip is subject to the Limitation of Liability and all the Terms and Conditions as detailed in the Trip Enrollment Form.

To realize the maximum enjoyment from your Venture Out trip, we encourage participants to have flexibility, a sense of humor, curiosity and enthusiasm about new people and places, and an openness to the unexpected. With a spirit of adventure and positive attitude, we’re sure you will have a very special travel experience. If you are uncertain about the level of comfort, difficulty, or any of the activities described in this itinerary, please email us or call Venture Out at 1-888-431-6789 to discuss your concerns.

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